



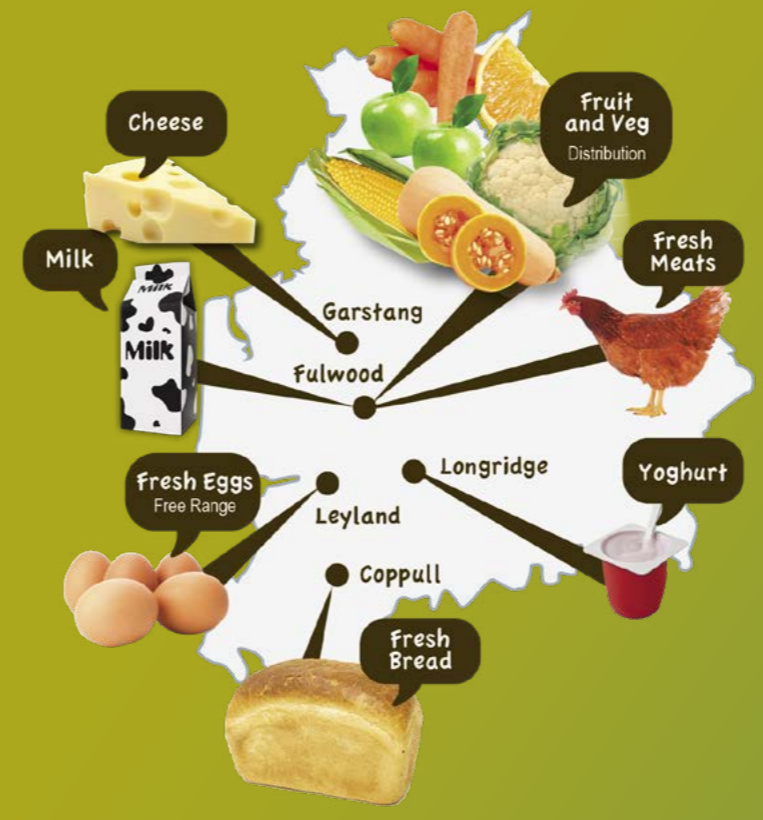
# the right start

Come and join us for breakfast or morning break.

Selection of Cereals	70p
Creamy Porridge	60p
Hot Buttered Toast	25p
Bacon Barm	£1.60
½ Toasted Teacake	45p
½ Toasted Bagel	60p
Yoghurt	80p
Fresh Fruit Salad	80p / £1.50
Fresh Fruit Juice	From 70p
Bottled Water	From 65p
Milk Carton	From 60p



## Locally Sourced Food



We buy local produce to support local businesses and reduce food miles.

100% of our food suppliers are classed as local and 75% of our food purchases are produced in the UK. Our service recognises the value and importance of sustainable and responsible food sourcing. Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from and how it was produced.

### Special Diets and Allergies

It is our policy to provide a menu for those pupils with medically diagnosed food allergies, food intolerances or a medical condition which affects eating requirements. Special diets are diets for pupils with a medically diagnosed requirement, not just a dislike of certain foods or food groups.

For further information regarding allergies and special diets, please visit [www.lancashire.gov.uk/catering](http://www.lancashire.gov.uk/catering)

Facebook icon @LancsCatering



## Grab a Great Value Meal Deal



Main Meal



Dessert



OR Drink



All for the price of **£2.70**

## Grab a Great Deal

Name:

Class:

Daily Choice of Main Meals £2.40  
 Add one of the following- Dessert, Fresh Fruit, Yoghurt or Selected Drink for a Great Meal Deal at only £2.70  
 Freshly Prepared Sandwiches from £1.50  
 Hot Sandwich Selection from £2.50  
 Cold Drinks from 60p  
 Homemade Cookies and Cakes from 50p  
 Please see separate tariffs for more appetising menu choices!  
 Use this voucher to claim your full meal deal for only £2.40

## Secondary Spring & Summer Menu 2025



# Week 1

## Traditional Choice Meal Deal

- Monday Brunch - Booths Pork or Vegetarian Sausages, Free Range Omelette, Crispy Potatoes & Baked Beans
- Tuesday Breaded Chicken Goujons with Katsu Curry Sauce & Mixed Vegetable Rice
- Wednesday Roast of the Day with Traditional Trimmings, Roast Potatoes & Seasonal Vegetables
- Thursday Pork Frankfurter Hotdog with Seasoned Potato Wedges & Rainbow Slaw
- Friday Harry Ramsden's Crispy Battered Fish Fillet or Crispy Crumb Vegetable Fingers with Chips & Mushy Peas

## Vegetarian Choice Meal Deal

- Monday Loaded Vegetable Chilli Tacos with Mexican Rice & Mixed Salad
- Tuesday Cheddar Cheese Whirl with Herby Potatoes & Baked Beans
- Wednesday Savoury Quorn Mince with Yorkshire Pudding, Creamy Mashed Potatoes & Seasonal Vegetables
- Thursday Vegetable Tikka Curry with Turmeric Rice & Coriander Naan
- Friday Homemade Margherita Pizza with Chips & Mixed Salad

## Pasta Choice Meal Deal

- Monday Cooks Choice of Pasta with Creamy Mushroom Sauce or Pomodoro Sauce & Garlic Dough Balls
- Tuesday Vegetarian Meatball & Spaghetti Marinara with Mixed Salad
- Wednesday Cooks Choice of Pasta with Creamy Carbonara Sauce or Arrabbiata Sauce & Homemade Garlic Bread
- Thursday Mac 'n' Cheese with Homemade Crusty Bread & Garden Peas
- Friday Cooks Choice of Pasta with Tomato & Mascarpone Sauce or Pomodoro Sauce & Garlic Dough Balls

## Desserts of the Day

- Monday Apple Crumble & Cream
- Tuesday Vanilla Sponge & Chocolate Sauce
- Wednesday Cooks Choice of Mousse (Various Flavours)
- Thursday Jam & Cream Scone
- Friday Lemon Drizzle Cake

# Week 2

## Traditional Choice Meal Deal

- Monday Moroccan Style Chicken & Sweetcorn or Vegetarian Meatballs with Lemon & Coriander Rice
- Tuesday Pie Day - Lancashire Cheese & Potato or Meat & Potato with Garden Peas or Baked Beans & Gravy
- Wednesday Roast of the Day with Traditional Trimmings, Roast Potatoes & Seasonal Vegetables
- Thursday Chicken Tikka Curry with Turmeric Rice & Coriander Naan
- Friday Harry Ramsden's Crispy Battered Fish Fillet or Crispy Crumb Salmon Fingers with Chips & Mushy Peas

## Vegetarian Choice Meal Deal

- Monday Loaded Crispy Crumb Vegetable Burger with Seasoned Potato Wedges & Rainbow Slaw
- Tuesday Vegetable & Sweet Potato Biryani with Coriander Naan
- Wednesday Vegetarian Sausages with Yorkshire Pudding, Creamy Mashed Potatoes & Seasonal Vegetables
- Thursday Cooks Choice of Homemade Quiche with Baby Baked Potatoes & Coleslaw
- Friday Homemade Margherita Pizza with Chips & Mixed Salad

## Pasta Choice Meal Deal

- Monday Cooks Choice of Pasta with Creamy Carbonara Sauce or Arrabbiata Sauce with Garlic Dough Balls
- Tuesday Cooks Choice of Pasta with Tomato & Mascarpone Sauce or Pomodoro Sauce with Homemade Garlic Bread
- Wednesday Mac 'n' Cheese with Homemade Crusty Bread & Mixed Salad
- Thursday Cooks Choice of Pasta with Beef or Quorn Bolognese Sauce & Homemade Garlic Bread
- Friday Cooks Choice of Pasta with Creamy Mushroom Sauce or Arrabbiata Sauce with Garlic Dough Balls

## Desserts of the Day

- Monday Mixed Berry Fruit Fool
- Tuesday Toffee Apple Sponge & Custard
- Wednesday Cooks Choice of Mousse (Various Flavours)
- Thursday Carrot Cake
- Friday Chocolate Brownie

# Week 3

## Traditional Choice Meal Deal

- Monday Booths Pork or Vegetarian Sausages with Creamy Mashed Potatoes & Mixed Vegetable Medley
- Tuesday Beef or Vegetable Lasagne with Homemade Garlic Bread & Mixed Salad
- Wednesday Roast of the Day with Traditional Trimmings, Roast Potatoes & Seasonal Vegetables
- Thursday Booths British Beef Burger with Seasoned Potato Wedges & Rainbow Slaw
- Friday Harry Ramsden's Crispy Battered Fish Fillet or Crispy Crumb Vegetable Fingers with Chips & Mushy Peas

## Vegetarian Choice Meal Deal

- Monday Loaded Vegetable & Cheese Quesadilla with Chilli Potato Wedges & Mixed Salad
- Tuesday Swedish Style Vegetarian Meatballs with Herby Potatoes & Green Beans
- Wednesday Vegetable Frittata with Mixed Salad & Coleslaw
- Thursday Sweet Potato & Red Pepper Curry with Turmeric Rice & Coriander Naan
- Friday Homemade Margherita Pizza with Chips & Mixed Salad

## Pasta Choice Meal Deal

- Monday Cooks Choice of Pasta with Creamy Mushroom Sauce or Pomodoro Sauce & Garlic Dough Balls
- Tuesday Sweet Chilli Vegetables & Noodles with Spring Roll
- Wednesday Cooks Choice of Pasta with Creamy Carbonara Sauce or Arrabbiata Sauce & Homemade Garlic Bread
- Thursday Mac 'n' Cheese with Homemade Crusty Bread & Mixed Salad
- Friday Cooks Choice of Pasta with Tomato & Mascarpone Sauce or Pomodoro Sauce & Garlic Dough Balls

## Desserts of the Day

- Monday Cooks Choice of Fruit Muffin
- Tuesday Seasonal Berry Eton Mess
- Wednesday Cooks Choice of Mousse (Various Flavours)
- Thursday Apple Pie & Ice Cream
- Friday Paris Slice

Hot Sandwich Meal Deal - Cooks Choice of Hot filled Panini, Sandwich Roll or Wrap are available daily.

Selection of Cooks Homemade Bakes, Jelly, Yoghurt or Fruit are available daily

**Week 1**

WEEK COMMENCING 19 May, 9 & 30 June, 21 July, 1 & 22 September, 13 October, 3 November

**Week 2**

WEEK COMMENCING 5 & 26 May, 16 June, 7 July & 28 July, 8 & 29 September, 20 October

**Week 3**

WEEK COMMENCING 12 May, 2 & 23 June, 14 July, 15 September, 6 & 27 October

# Welcome to the new Lancashire school meal menu portal

The portal displays live, easy-to-read allergen and nutritional details for each recipe on all published menus served by Lancashire County Catering.

There is also a planner function called 'ADD TO MY MEAL' which allows you to see all allergens and total nutritional value of a main course, accompaniments, dessert and drink contained within a full school lunch

Please use the URL below or alternatively scan the QR code, using the camera on your mobile device, and simply choose the menu from the reverse of this leaflet.



[lancssecondary.mysaffronportal.com](http://lancssecondary.mysaffronportal.com)

# Putting Fun into Food

