

Preston's Children and Young People Profile

This profile provides an overview for Preston. It includes demographics and key indicators which are directly related to health, or have an impact on children's health. The **statistical significance** comparisons are with England (see key on right). These are a snapshot, the [district](#) and [ward](#) profiles have a fuller range of indicators around these themes.

Comparison with England
● Better
● Worse
● Similar

About the population

Age	Area %	Area count	England %
0-4	6%	9455	5.3%
5-9	6.3%	9812	5.8%
10-14	6.2%	9762	6.1%
15-19	6.6%	10271	5.9%

- 25.1% of the population (39,300) are aged between 0-19.
- Children aged 15-19 make up the largest proportion of Preston's child cohort likely due to the university situated in the district.

Source: NOMIS, Mid-year Estimates 2023

Deprivation

- 20.4%** of children are living in child poverty (IDACI, 2019)
- 29.1%** of children are in relative low income families (under-16) (2022/23)
- 22.2%** of children are in absolute low income families (under-16) (2022/23)

Children in relative low income	%
Deepdale	49.1
St Matthew's	47.1
Fishwick & Frenchwood	47.1
Plungington	38
Ribbleton	37.9

Source: LG inform

Childhood poverty can lead to poor health outcomes in later life. Reducing it is key to improving health in adulthood, and increasing healthy life expectancy. Preston has a significantly higher proportion for all 3 indicators.

The table shows the five wards with the highest proportion of children in relative low income families. Out of 16 wards, 9 have a significantly higher rate of children in relative low income (the five listed and Brookfield, City Centre, Lea & Larches, and Ashton). 3 wards are similar to England whilst 4 are significantly better.

Additional indicators around deprivation, with England values and comparisons, are in the [district profile](#).

Maternity and infancy

- 50** under-18 conceptions (**20.1** per 1,000 <18) (2021)
- 1.3%** of deliveries are to teenage mothers (12-17 years) (2016/17-20/21)
- 10.2%** of mothers are smoking at the time of delivery (all ages) (2022/23)
- 4%** of term babies were low birth weight (LBW) (2022)
- 28** babies (**5.3** per 1,000) died before the age of one (2020-22)

Source: [Fingertips, Local Health Profile](#) (district)

Becoming pregnant at a young age and/or being a teenage parent is linked to poorer outcomes, such as living in poverty, for both mother and baby. For both indicators, Preston is significantly worse than England.

Smoking when pregnant has negative effects for the mother and baby, and in Preston an estimated 10.9% of mothers are smoking at the time of delivery.

The proportion of LBW term babies is higher than for England however the rate of infant mortality is similar. For variation across wards please see the [ward profile](#).

Children's health and wellbeing

A healthy childhood lays the foundations for a healthy adulthood and these indicators provide a useful overview of children's health in Preston. While some are 'health' indicators, others are focused on the wider determinants of health (education, schooling). Where available, ward rankings have been provided, showing the five areas with the highest proportion or rates.

23.4% of reception children are overweight or obese (2020/21-2022/23)

37.6% of year 6 children are overweight or obese (2020/21-2022/23)

41.9% of children (5-16-years) are physically active (2022/23)

Comparison with England

● Better ● Worse ● Similar

Source: [Fingertips, Local Health Profiles](#) (district)

Reception: overweight or obese	%
Brookfield	30.9
Ingol & Cottam	27.7
Ribbleton	27.4
City Centre	27.3
St Matthew's	26.7
Year 6: overweight or obese	%
St Matthew's	43.6
Lea & Larches	42.2
Deepdale	40.7
City Centre	40.5
Brookfield	40.3

Source: [Fingertips, Local Health Profile](#) (ward)

6.6% of half days missed due to pupil absence (5-15-years) (2022/23)

47.5 is the average attainment 8 score (15-16-years) (2022/23)

246.1 emergency hospital admissions (per 1,000 children) for under-fives (2016/17-20/21)

136.5 emergency hospital admissions (per 10,000) for injuries (<15) (2016/17-20/21)

20.2 admission episodes (per 100,000) for alcohol-specific conditions in children <18 (2020/21-2022/23)

Emergency admissions under-5	Per 1,000
City Centre	304.9
Brookfield	271.6
Plungington	262.5
Ingol & Cottam	259.8
Preston Rural North	254.8

Emergency admissions injuries <15	Per 10,000
Lea & Larches	161.0
Ingol & Cottam	161.0
Brookfield	160.0
Ashton	157.6
City Centre	156.0

Comparison with England

● Better ● Worse ● Similar

Source: [Fingertips, Local Health Profile](#) (ward)

Improving attendance at school can increase a child's opportunities and future life chances. A child who has consistent attendance will be more likely to achieve academically. Preston has a significantly lower rate of pupil absence than England and the attainment rate sits in the 2nd highest quintile for England.

Emergency hospital admissions are an important indication of wider determinants of poor health. These can include respiratory conditions caused by cold, damp homes, or smoking around children for example.

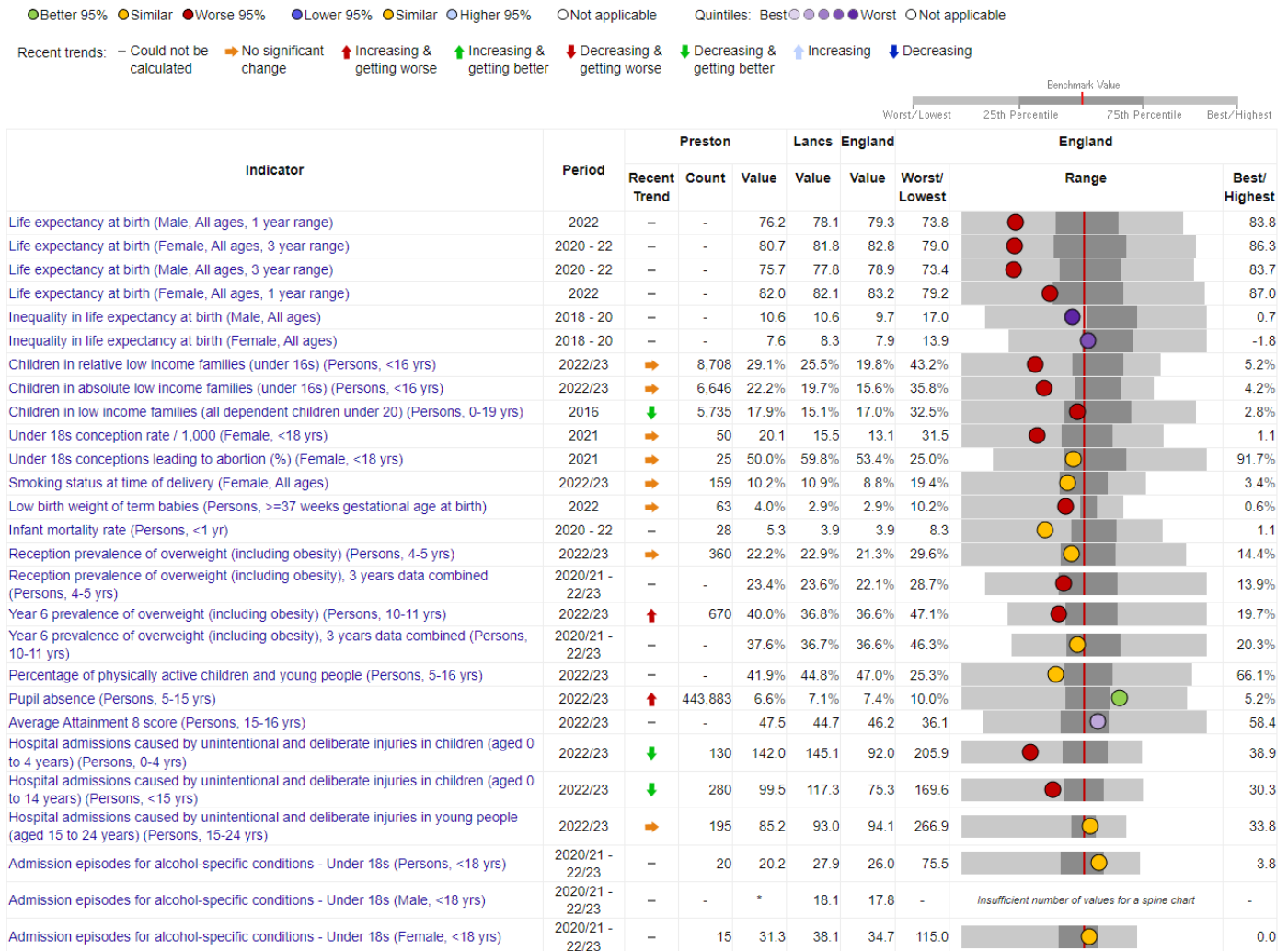
Emergency admissions for injuries are a major cause of premature mortality for children and young people, and can be a source of long-term issues, including mental health related to the experience.

Looking at the available ward data, emergency admissions for under-fives is significantly worse than England in all Preston wards. City Centre has over twice the England rate (140.7).

For admissions for injuries (<15 years), all wards are significantly worse with the exception of Garrison (83.1), Sharoe Green (94.0), Deepdale (95.2) and Preston Rural East (108.2), which are similar to England.

District profile

Please see the district profile below which highlights key indicators for Preston. While some may not be specific to children and young people, they provide an oversight to health and wellbeing for people in the area.



— the recent trend cannot be calculated for this value.

Source: [Fingertips, Local Health Profile](#) (district)

Ward profile

Please see the ward profile below for Preston. Please note, not all indicators in the district profile are available at ward level. Not all available indicators will have a value.

		Legend		Quintiles																
		Better 95%	Similar	Worse 95%	Not compared	Best				Worst	Not applicable	Low						High		
		Not applicable																		
Indicator	Period	England	Preston	Ashton	Brookfield	Cadley	City Centre	Deepdale	Fishwick & Frenchwood	Garrison	Greyfriars	Ingol & Cottam	Lea & Larches	Plungington	Preston Rural East	Preston Rural North	Ribbleton	Sharoe Green	St Matthew's	
Behavioural risk factors																				
Smoking prevalence at age 15. Regular smokers (modelled estimates)	2014	5.4*	5.7*	8.2*	4.6*	6.7*	3.8*	2.7*	3.1*	7.2*	8.9*	7.0*	6.1*	4.0*	9.2*	10.5*	4.5*	8.3*	3.3*	
Smoking prevalence at age 15. Regular or occasional smokers (modelled estimates)	2014	8.2*	9.0*	11.8*	8.2*	10.3*	6.8*	5.2*	5.7*	10.3*	12.2*	10.8*	9.7*	7.4*	12.9*	14.3*	8.3*	11.5*	6.3*	
Reception prevalence of obesity (including severe obesity), 3 years data combined	2020/21 - 22/23	9.7	10.1	7.8	9.1	12.5*	12.1	8.7*	9.6	9.3*	10.8*	9.2	8.5	11.3	9.6*	6.3	15.1	5.0	13.3	
Reception prevalence of overweight (including obesity), 3 years data combined	2020/21 - 22/23	22.1	23.4	23.5	30.9	25.0*	27.3	17.4*	23.3	18.6*	24.3*	27.7	21.1	20.8	23.1*	16.7	27.4	17.5	26.7	
Year 6 prevalence of obesity (including severe obesity), 3 years data combined	2020/21 - 22/23	22.5	23.1	20.0	23.9	19.6	27.0	25.9*	25.9	19.6*	21.7*	22.6	26.6	23.5*	20.0*	18.2	24.1	18.2*	25.6	
Year 6 prevalence of overweight (including obesity), 3 years data combined	2020/21 - 22/23	36.6	37.6	33.3	40.3	30.4	40.5	40.7*	38.3	34.8*	34.8*	37.1	42.2	39.2*	35.6*	31.8	39.2	34.1*	43.6	
Child and Maternal Health																				
Deliveries (births) to teenage mothers, 5 year pooled data	2016/17 - 20/21	0.7	1.3	*	2.6	*	*	*	1.4	*	0.0	*	*	*	*	0.0	1.9	*	2.5	
General fertility rate, live births per 1,000 women aged 15 to 44 years. Five year pooled	2016 - 20	59.2	60.8	65.1	77.0	60.2	28.8	67.9	79.6	60.9	60.1	70.0	68.2	33.1	71.5	79.7	71.7	61.5	96.2	
Low birth weight (LBW) of live babies, five year pooled	2016 - 20	6.8	8.6	8.7	8.2	7.8	11.2	10.5	10.2	6.0	6.6	4.4	6.1	8.7	6.5	4.7	13.0	7.2	10.6	
Children and Young people: Health care use																				
Emergency hospital admissions in under 5 years old, crude rate	2016/17 - 20/21	140.7	246.1	232.2	271.6	249.8	304.9	242.0	217.1	233.2	195.3	259.8	245.4	262.5	204.9	254.8	253.6	248.6	246.0	
Emergency hospital admissions for injuries in under 5 years old, crude rate	2016/17 - 20/21	119.3	201.6	227.9	209.5	235.4	229.3	143.0	202.1	173.8	201.8	206.5	199.8	206.4	177.9	207.0	232.4	136.2	205.0	
Emergency hospital admissions for injuries in under 15 years old, crude rate	2016/17 - 20/21	92.0	136.5	157.6	160.0	152.0	156.0	95.2	128.0	83.1	147.1	161.0	161.0	142.7	108.2	121.1	153.2	94.0	150.0	
Emergency hospital admissions for injuries in 15 to 24 years old, crude rate	2016/17 - 20/21	127.9	99.1	88.5	136.9	104.7	65.9	82.8	103.6	125.0	60.3	163.0	158.8	55.7	360.3	138.3	146.8	86.2	98.5	

No data

* Value suppressed for disclosure control reasons

Source: [Fingertips, Local Health Profile](#) (ward)