

## Add Rhyme to Your Routines



The use of songs and rhymes at routine times also highlights pattern, rhythms and time and the vocabulary of numbers, shape, space and measure. Many of our familiar songs and rhymes include positional language, sequence and also have *mathematical value* in the words they use as well. Rhymes such as '*Round and round the garden, like a teddy bear, one steps, two steps...*' introduce counting, shape and sequence of physical actions.

### **Rhymes for routines:**

Getting dressed: *One, two, buckle my shoe*

Personal routines: *Two little eyes to look around*

Being active: *This little piggy went to market & Heads, shoulders, knees & toes*

Sleepy time rhymes: *Twinkle, twinkle, little star*

### **Arrivals: Good morning to you**

(Tune: *Happy Birthday to You*)

Good morning to you

Good morning to you,

Good morning, dear (insert child's name)

Good morning to you!

### **Mealtimes: Wash Your Hands**

(Tune: *Clap Your Hands*)

Wash, wash, wash your hands,

Scrub your hands together.

Wash, wash, wash your hands,

Scrub your hands together.

Scrub a little faster now,

Scrub along with me.

Scrub a little slower now,

Scrub along with me.

### **Yum, Yum, Yum!**

(Sung to the tune: *Mary Had a Little Lamb*)

Sausages- so yum, yum, yum

Yum, yum, yum

Sausages- so yum, yum, yum

Yummy in my tum!

(Replace words with other food names)

### **Nappy Time!**

(Sung to the tune, '*Round the Mulberry Bush*)

This is the way we change your nappy,

Change your nappy, change your nappy.

This is the way we change your nappy,

Now you're nice and clean!