



# Wound Dressing Clinical procedure

LCC IPC Guidance

Next Review October 2025

[infectionprevention@lancashire.gov.uk](mailto:infectionprevention@lancashire.gov.uk)

<b>Version:</b>	4
<b>Developed by:</b>	The IPC Team on behalf of the Lancashire County Council
<b>Date Ratified:</b>	Oct 2024



## Wound Dressing Clinical procedure

### Equipment needed:

Sterile Dressing Pack	0.9% Sodium Chloride	Hypoallergenic Tape
Appropriate Dressing / Prescribed	Alcohol- based Hand Rub	PPE / Sterile gloves
Extra Equipment (Sterile Scissors)	Disinfectant Wipes for cleaning trolleys	
Bin close by / Sharps bin if needed		

### Procedure Wound Dressing:

- Have all equipment ready
- Introduce yourself to resident and explain and discuss procedure
- Wash hands with soap and warm water / Alcohol based hand rub
- Dry hands
- Clean trolley with disinfectant wipes and leave to air dry, clean from top surface working down the trolley
- Place all equipment on bottom shelf of cleaned dressing trolley
- Close windows, turn off fans, screen resident to ensure dignity is maintained throughout. Position resident in a position that is easily accessible to wound and is comfy for resident
- Place disposable plastic apron on
- Take your trolley to the resident's side
- Clean hands with soap and water / alcohol hand rub
- Ensure dressing pack is correct way up, open outer cover slide pack onto top shelf without touching the contents on the inside
- Open the dressing pack from the corners of the paper
- Open other packs and drop gently into the centre of the sterile field
- Clean hands with alcohol hand rub / soap and water
- Lift the disposal bag from its edge, from sterile field and place hand into bag using as a sterile glove. Arrange contents of dressing pack on sterile field
- With hand still inside the bag, remove old dressing from wound and invert bag so dressing is contained inside stick to the bottom shelf, this is now your dirty bag for remainder of procedure for waste other than sharps
- Pour solutions into sterile gallipots
- Clean hands with soap and water / alcohol hand rub, dry with paper towels
- Place sterile gloves on
- Carry out relevant procedure. Using clean hand and dirty hand wiping from the wound outwards discarding wipe after single use
- Apply prescribed dressing to wound using non touch technique
- Ensure resident is comfy, dispose of waste including PPE, clean hands, clean trolley and document procedure, any changes and escalate if required
- Document findings and escalate if there are any concerns noted

