



# Management of a PEG tube

LCC IPC Guidance

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Nutrition is delivered directly into the stomach by gastrostomy or percutaneous endoscopic gastrostomy (PEG).

### **Management of a PEG tube**

- Hand hygiene is essential before any contact with the feeding tube and/or PEG site. Hands should be washed with soap and warm water then thoroughly dried using paper towels. Alcohol gel can be used if hands are visibly clean
- Daily cleansing of gastrostomy exit site
- Daily inspection of exit site and early treatment of redness or exudate
- If there is any suspicion of infection at the exit site, a swab must be taken for microbiology
- Oral, catheter tip syringes or enteral dispensers should be used when administering feed, medication or water via the gastrostomy feeding tube  
Check whether syringes are single use or single patient use and discard/clean and store following the manufacturer guidelines
- Ensure equipment and feeds are stored appropriately in the clinic/treatment room
- If using freshly cooled boiled water or sterile water for flushes please date the container when preparing/opening
- If there are any concerns related to the PEG tube seek immediate advice
- Document in the individual care plan

### **Further information and guidance**

[Enteral tube feeding \(infectionpreventioncontrol.co.uk\)](http://infectionpreventioncontrol.co.uk)

[Enteral feeding and medicines administration - Care Quality Commission \(cqc.org.uk\)](http://cqc.org.uk)

