



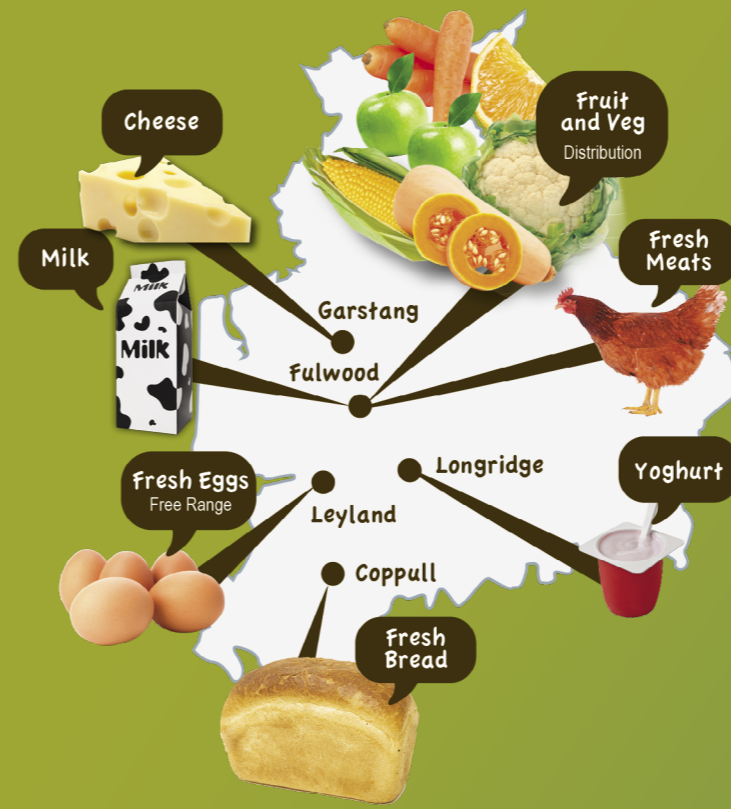
the right start

Come and join us for breakfast or morning break.

Selection of Cereals	70p
Creamy Porridge	60p
Hot Buttered Toast	25p
Bacon Barm	£1.60
½ Toasted Teacake	45p
½ Toasted Bagel	60p
Yoghurt	80p
Fresh Fruit Salad	80p / £1.50
Fresh Fruit Juice	From 70p
Bottled Water	From 65p
Milk Carton	From 60p



Locally Sourced Food



We buy local produce to support local businesses and reduce food miles.

100% of our food suppliers are classed as local and 75% of our food purchases are produced in the UK. Our service recognises the value and importance of sustainable and responsible food sourcing.

Our aim is to positively influence the diet of our children and young people, and always consider where the food we put on the plates comes from and how it was produced.

Special Diets and Allergies

It is our policy to provide a menu for those pupils with medically diagnosed food allergies, food intolerances or a medical condition which affects eating requirements.

Special diets are diets for pupils with a medically diagnosed requirement, not just a dislike of certain foods or food groups.

For further information regarding allergies and special diets, please visit www.lancashire.gov.uk/catering

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Grab a Great Value Meal Deal



Main Meal



Dessert



OR Drink



All for the price of **£2.70**

Grab a Great Deal

Name:

Class:

Daily Choice of Main Meals £2.40
 Add one of the following- Dessert, Fresh Fruit, Yoghurt or Selected Drink for a Great Meal Deal at only £2.70
 Freshly Prepared Sandwiches from £1.50
 Hot Sandwich Selection from £2.50
 Cold Drinks from 60p
 Homemade Cookies and Cakes from 50p
 Please see separate tariffs for more appetising menu choices!
 Use this voucher to claim your full meal deal for only £2.40

Secondary Autumn & Winter Menu 2024/2025



Week 1

Traditional Choice Meal Deal

- Monday Swedish Style Pork or Vegetarian Meatballs with Herby Potatoes & Seasonal Vegetables
- Tuesday Breaded Chicken Goujons with Katsu Curry Sauce & Spicy Vegetable Rice
- Wednesday Roast of the Day with Traditional Trimmings Roast Potatoes & Seasonal Vegetables
- Thursday Savoury Mince & Dumplings with Creamy Mashed Potatoes & Mixed Vegetables
- Friday Harry Ramsden's Crispy Battered Fish Fillet or Crispy Crumb Salmon Fingers with Chips & Mushy Peas

Vegetarian Choice Meal Deal

- Monday Loaded Quorn Chilli Nachos with Steamed Rice & Mixed Salad
- Tuesday Lancashire Cheese & Potato Pie with Mixed Vegetables or Baked Beans
- Wednesday Vegetable Tikka Curry with Turmeric Rice & Coriander Naan
- Thursday Homemade Vegetable Lasagne with Mixed Salad
- Friday Homemade Margherita Pizza with Chips & Coleslaw

Pasta Choice Meal Deal

Cooks Selection of Pasta & Sauces with Homemade Garlic Bread are available daily

Hot Sandwich Choice Meal Deal

Choice of hot filled Panini or Pizza Pocket are available daily

Jacket Potato Choice Meal Deal

Choice of filled Oven Baked Jacket Potato with Mixed Salad are available daily

Desserts of the Day

- Monday Apple Crumble & Custard
- Tuesday Chocolate & Beetroot Cake
- Wednesday Cooks Choice of Mousse
- Thursday Carrot Cake
- Friday Cocoa Krispie Cake

Week 2

Traditional Choice Meal Deal

- Monday Big Brunch Booths Pork or Vegetarian Sausages, Free Range Omelette, Potato Wedges & Baked Beans
- Tuesday Minced Beef & Onion Pie with Creamy Mashed Potatoes & Mixed Vegetables
- Wednesday Roast of the Day with Traditional Trimmings, Roast Potatoes & Seasonal Vegetables
- Thursday Chicken Tikka Masala with Turmeric Rice & Coriander Naan
- Friday Harry Ramsden's Crispy Battered Fish Fillet or Crispy Crumb Salmon Fingers with Chips & Mushy Peas

Vegetarian Choice Meal Deal

- Monday Vegetable & Sweet Potato Biriyani with Coriander Naan
- Tuesday Loaded Crispy Crumb Vegetable Burger with Paprika Potato Wedges & Rainbow Slaw
- Wednesday Sweet & Sour Quorn with Mixed Vegetable Rice & Spring Rolls
- Thursday Cheddar Cheese Whirl with Herby Potatoes, Garden Peas or Baked Beans
- Friday Homemade Margherita Pizza with Chips & Coleslaw

Pasta Choice Meal Deal

Cooks Selection of Pasta & Sauces with Homemade Garlic Bread are available daily

Hot Sandwich Choice Meal Deal

Choice of hot filled Panini or Pizza Pocket are available daily

Jacket Potato Choice Meal Deal

Choice of filled Oven Baked Jacket Potato with Mixed Salad are available daily

Desserts of the Day

- Monday Paris Slice
- Tuesday Vanilla Sponge with Chocolate Sauce
- Wednesday Fruity Chocolate Trifle
- Thursday Iced Finger
- Friday Lemon Drizzle Cake

Week 3

Traditional Choice Meal Deal

- Monday Pork or Vegetarian Sausage Toad in the Hole with Creamy Mashed Potatoes & Seasonal Vegetables
- Tuesday Homemade Beef Lasagne with Mixed Salad
- Wednesday Roast of the Day with Traditional Trimmings, Roast Potatoes & Seasonal Vegetables
- Thursday Booths British Beef Burger with Chilli Mayo, Potato Wedges & Rainbow Slaw
- Friday Harry Ramsden's Crispy Battered Fish Fillet or Crispy Crumb Salmon Fingers with Chips & Mushy Peas

Vegetarian Choice Meal Deal

- Monday Macaroni Cheese Bake with Mixed Vegetables & Crusty Bread
- Tuesday Sweet Potato & Red Pepper Curry with Turmeric Rice & Coriander Naan
- Wednesday Cooks Choice of Quiche with Baby Baked Potatoes & Baked Beans
- Thursday Moroccan Style Vegetarian Meatballs with Lemon & Coriander Rice & Mixed Vegetables
- Friday Homemade Margherita Pizza with Chips & Coleslaw

Pasta Choice Meal Deal

Cooks Selection of Pasta & Sauces with Homemade Garlic Bread are available daily

Hot Sandwich Choice Meal Deal

Choice of hot filled Panini or Pizza Pocket are available daily

Jacket Potato Choice Meal Deal

Choice of filled Oven Baked Jacket Potato with Mixed Salad are available daily

Desserts of the Day

- Monday Jam Sponge with Custard
- Tuesday Chocolate Brownie
- Wednesday Cooks Choice of Mousse
- Thursday Lemon Muffin
- Friday Raspberry Bun

Week 1

WEEK COMMENCING

11th November, 2nd & 23rd December, 13th January, 3rd & 24th February, 17th March, 7th April & 28th April

Week 2

WEEK COMMENCING

18th November, 9th & 30th December, 20th January, 10th February, 3rd & 24th March, 14th April, 5th May

Week 3

WEEK COMMENCING

4th & 25th November, 16th December, 6th & 27th January, 17th February, 10th & 31st March, 21st April & 12th May

A choice of Homemade Cookies, Biscuits, Flapjack, Low Sugar Jelly, Yoghurt & Fruit are available daily

Welcome to the new Lancashire school meal menu portal

The portal displays live, easy-to-read allergen and nutritional details for each recipe on all published menus served by Lancashire County Catering.

There is also a planner function called 'ADD TO MY MEAL' which allows you to see all allergens and total nutritional value of a main course, accompaniments, dessert and drink contained within a full school lunch

Please use the URL below or alternatively scan the QR code, using the camera on your mobile device, and simply choose the menu from the reverse of this leaflet.



lancssecondary.mysaffronportal.com

Putting Fun into Food

