

Dear Headteacher and PE Subject Leader

21.9.24

PE Updates

Happy new academic year. I just wanted to update you on all things PE related for this year. This is the final year of Sports Premium Funding as we know it, we await an announcement about the funding. The focus this year continues to be raising standards in PE for children and staff CPD to ensure sustainability if the funding ceases or reduces. Complete the 'Evidencing the Impact' action plan and post on your school websites as soon as possible as a working document. This should clearly state the key actions for your school this academic year and how you can use the funding to work towards them.

[Evidencing the Impact – Website Reporting Template - Association for Physical Education \(afpe.org.uk\)](https://afpe.org.uk)

We are also delivering the new 'Effective Use of Sports Funding' course to help with action planning.

[Details - Lancashire Professional Development Service](#)

It is vital this year that schools are working towards ... ensuring that girls and boys have the same opportunity to access school sport and can benefit from a minimum of at least two hours of P.E a week.

DfE March 2024

[PE and sports in schools - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

The online digital reporting tool was released in June to be completed on a voluntary basis last academic year. We await news if schools are to complete it this academic year.

[PE and sport premium funding 2023 to 2024 reporting and assurance - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

When planning your Sport Funding you need to consider top up swimming.

School swimming is in your school budget and is a statutory part of the national curriculum. In Lancashire we would advise that children swim for 1 year. A suggested model is...

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	Year 4	Year 4	Year 4	Year 3 (identify children who would benefit from intensive swim sessions over summer and signpost to local swimming pools)	Year 5/6 Top up And /or Reception, Year 1 and Year 2 (1 week visit to start gaining water confidence)

At the start of term myself and Nikki Moss Swimming Consultant met with over 44 Pool Providers to go through school swimming updates and what schools require. Attached is the LCC school swimming guidance which is taken from the national Swim England and Safe Practice guidance. A minimum of 2 members of school staff should accompany the children swimming – generally teacher and TA. Additional staff may be necessary to support children with SEND or behavioural needs. There is an expectation that accompanying school staff will each teach a small group under the guidance of the pool swimming teacher. As school staff you do not have to have a qualification as being school staff qualifies you to teach. The class teacher should be able to teach as it is a statutory part of the PE national curriculum. Historically new teachers had swimming training as part of their teacher training. This has not been the case for some years now. We are aware that school staff have varying levels of confidence when delivering school swimming so it is important that they have the relevant CPD to give them the skills and expertise to do this successfully. Using the PE Sports Funding action plan last year schools had to state if they had provided school swimming CPD for their staff. We host the **'Everything you need to know for school swimming course'** to support teachers and TA's with this. It would be a good use of your funding for this year to access this training. See link below

[Details - Lancashire Professional Development Service](#)

We are currently enrolling this year's **Level 5 PE Specialist** qualification. This is a recognised Leadership Skills Foundation & afPE qualification that aims to upskill primary school teachers and higher-level teaching assistants to improve the overall delivery of the Physical Education curriculum within primary schools. On successful completion of this qualification, delegates will be able to assist in raising the standards within primary school physical education teaching and learning. We strongly advise Lancashire schools to enrol on this qualification if they have HLTA's or TA3's delivering PE in curriculum time for their continuing CPD. See link for further details

[Details - Lancashire Professional Development Service](#)

New Safe Practice Guidance



Launching this week as an online only resource!

Updated termly, this essential reference offers the latest guidance to safeguard students and staff in both curricular and extra-curricular activities. The newly updated resource contains the following;

- Best practice guidance
- Risk Management
- Legal Compliance
- Professional Development
- Policy Development

Available to purchase via the afPE website

[Safe Practice: in Physical Education, School Sport and Physical Activity - Association for Physical Education \(afpe.org.uk\)](https://www.afpe.org.uk)

We are hosting a large number of Safe Practice updates for headteachers, PE subject leaders and link governors

[Details - Lancashire Professional Development Service](#)

Getting Changed for PE

The new Safe Practice Guidance recommends that children **should** get changed for PE. This is for a number of reasons;

- Safe Guarding – it is the responsibility of school staff to remain alert to any safe guarding concerns by ensuring any evidence of physical abuse is reported on.
- Health and Hygiene – children should be vigorously exercising in PE and so therefore should become hot and sweaty and will need to change into dry clothes
- Life skill – it is an Early Learning Goal for children to be able to dress and undress. To be able to change quickly and confidently at primary and secondary school for PE and swimming lessons
- Secondary school transition – We currently have a number of Year 7 and Year 8 pupils that refuse to change at secondary school as they have not been changing at primary school and have become extremely body conscious or struggle to change in the time required.

Changing areas

Schools need to consider the following things when organising changing facilities for children:

- Children **can** get changed together in the classroom up to the end of Year 4. Mixed gender changing areas are less appropriate as children get older and staff need to be sensitive to those who physically mature at a much earlier or later age than their peers. Boys and girls **should** change separately after they reach Year 5. Think about using furniture or screens to provide separate areas. Or offer different areas of school if this can be staffed e.g. library, resource area, hall.
- **TOILETS MUST NOT BE USED AS A CHANGING AREA**
- Schools need to treat all pupils fairly and with respect for their privacy and checklist
- Schools should make adequate and sensitive arrangements for changing which take into account the needs of pupils with disabilities and children from different religions, beliefs and cultural backgrounds or gender identity

Coaches in schools

When using sports coaches in school please ensure you following the LCC guidance for required qualifications and have a thorough induction period. Please see coach checklist on LPDS website

[Coaches Checklist](#)

Courses

The focus of this year's Sports Funding should be CPD of school staff to ensure they are qualified, competent and confident to deliver high quality PE lessons. We have created a wide range of PE courses for this academic year to help meet all your staff's needs. Please use your PE Funding to upskill your staff.

[Courses - Lancashire Professional Development Service](#)

Courses this term include;

- PE Subject leader network
- PE Passport Platform Refresher
- Level 5 PE Specialism
- Safe Practice – understanding the new guidance
- New to Teaching Key Stage 1 Baseline
- Effective Subject Leadership and New to PE Subject Leadership
- Deep Dive in PE
- New to Teaching Key Stage 1 PE
- New to Teaching Key Stage 2 PE
- Everything you need to know for School Swimming

PE Subject Leader School Swimming Update

Please ensure any ECT's are access PE training as part of their CPD.

And finally would you like to be in with a chance to have Team GB's greatest ever gymnast, the amazing Max Whitlock visit your school for the day? If you bolt-on the brand-new Max Whitlock Gymnastics scheme of work to your PE Passport for the discounted price of £200 by the 1st October you will be entered into the draw.



NEW FOR SEPTEMBER

MAX WHITLOCK
Gymnastics

Lesson plans, tutorial videos
resources & much more!

Sign up now and get
20% OFF

PRIMARY PE PASSPORT

PRIMARY PE PASSPORT

GYMNOVA

As always please contact me if you have any queries, questions or need any support.

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For PE Passport support email

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For School Swimming

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Kind regards

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