



Focus On...

Who can help us? – Our Local Community

Our Local Community

How well do you know your local community and support resources available? Children and families living in central Preston will have different needs and access to support than those living in a more rural area of the county. It is recommended that you go out and find out what is available locally. This could be within a 4 mile radius of your setting. Putting some resources together for families as part of your welcome pack could be invaluable to them.

Some suggestions of what to include: local GP surgery and dentist. Your local Family Hub/Children and Family Wellbeing Hub and details of what is available there. Local schools, Bus timetable, public outdoor spaces, local clubs and community areas, Citizens Advice, Home-Start, libraries, post offices, shops, schools and leisure centres.

We have recently seen the launch of the Lancashire Family Hubs Network. The purpose of the hubs are to help children, young people and families to get information, advice and support in a local, convenient place. The Family Hubs are an opportunity to network and share with families all the support that is available to them in their district. Although they are a building in some cases it is much more about providing places where families know they can go for support and ensuring we communicate what is out there to help them.

The resource directory and further links below has a whole wealth of information that may be useful to adapt to meet the needs of families living in your local area.



Lancashire Resource
Directory (1).docx

[Lancashire Family Hubs Network - Lancashire County Council](#)

[Family Hubs network partners - Lancashire County Council](#)

[The Trussell Trust - Stop UK Hunger](#)

[Public transport - Lancashire County Council](#)

[Find a dentist - NHS \(www.nhs.uk\)](#)

[Find a GP - NHS \(www.nhs.uk\)](#)

