



Physical Education Training Programme 2024-2025 Academic Year



Physical Education

Achieving 60 Active Minutes

Headteacher, Subject Leaders, Teachers, ECTs, Teaching Assistants		PED102
Wednesday 22 January 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208
Wednesday 30 April 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208

Physical Education Subject Leaders Network Meeting – Autumn Term

Subject Leaders		PED103
Tuesday 1 October 2024, 1:15pm - 3:45pm.	Online video conferencing	£94

Physical Education Subject Leaders Network Meeting – Spring Term

Subject Leaders		PED103
Tuesday 28 January 2025, 1:15pm - 3:45pm.	Online video conferencing	£94

Physical Education Subject Leaders Network Meeting – Summer Term

Subject Leaders		PED103
Thursday 12 June 2025, 1:15pm - 3:45pm.	Online video conferencing	£94

New to Subject Leadership in Primary Physical Education

Subject Leaders		PED104
Wednesday 9 October 2024 and Thursday 30 January 2025, 9:30am - 3:30pm.	Lancashire FA, Leyland	£385

New to Teaching KS1 PE

Teachers, ECTs, Teaching Assistants, Subject leaders.		PED106
Tuesday 15 October 2024, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208
Wednesday 5 February 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208
Wednesday 25 June 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208

New to Teaching KS2 PE

Subject Leaders, Teachers, ECTs, Teaching Assistants		PED107
Wednesday 16 October 2024, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208
Thursday 6 February 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208
Tuesday 24 June 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208

Lancashire PE Passport Platform - New Schools

Headteacher, Subject Leaders, Teachers		PED109
Friday 4 October 2024, 9:30am - 3:30pm.	County Hall, Pitt Street, Preston	£699

New to Teaching the KS1 PE Fundamental Movement Skills Baseline Unit - (Includes teacher fundamental movement skills booklet)

Subject Leaders, Teachers, ECTs, Teaching Assistants		PED111
Tuesday 24 September 2024, 9:15am - 11:45am.	Preston Grasshoppers RFC	£109

Lancashire PE Passport Platform Refresher Course

Subject Leaders, Teachers, ECTs, Teaching Assistants		PED113
Wednesday 25 September 2024, 9:15am - 11:45am.	Lancashire FA, Leyland	£109
Thursday 10 October 2024, 9:15am - 11:45am.	County Hall, Pitt Street, Preston	£109
Thursday 14 November 2024, 9:15am - 11:45am.	Impact Conferencing, Life Church, Burnley	£109
Tuesday 14 January 2025, 9:15am - 11:45am.	Online video conferencing	£94
Tuesday 11 February 2025, 1:15pm - 3:45pm.	Lancashire FA, Leyland	£109
Tuesday 25 March 2025, 9:15am - 11:45am.	Online video conferencing	£94
Wednesday 11 June 2025, 9:15am - 11:45am.	County Hall, Pitt Street, Preston	£109

Assessment and Progression in PE

Subject Leaders, LTA		PED115
Wednesday 13 November 2024, 9:15am - 11:45am.	Lancashire FA, Leyland	£109
Wednesday 19 March 2025, 1:15pm - 3:45pm.	Preston Grasshoppers RFC	£109

Deep Dive in PE

Headteacher, Subject Leaders, Teachers		PED116
Monday 23 September 2024, 9:15am - 11:45am.	Online video conferencing	£94
Wednesday 13 November 2024, 1:15pm - 3:45pm.	Lancashire FA, Leyland	£109
Tuesday 4 February 2025, 9:15am - 11:45am.	Online video conferencing	£94
Wednesday 19 March 2025, 9:15am - 11:45am.	Preston Grasshoppers RFC	£109

Sticky Learning in PE

Subject Leaders, Teachers, ECT		PED120
Thursday 21 November 2024, 9:15am - 11:45am.	Preston Grasshoppers RFC	£109
Wednesday 23 April 2025, 9:15am - 11:45am.	Preston Grasshoppers RFC	£109

Inclusive PE

Subject Leaders, Teachers, ECTs, Teaching Assistants, SENDCO		PED122
Wednesday 6 November 2024, 9:30am - 3:30pm.	Lancashire FA, Leyland	£208
Wednesday 26 February 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208

Teaching High Quality Gymnastics

Subject Leaders, Teachers, ECTs, Teaching Assistants		PED123
Monday 18 November 2024, 9:30am - 3:30pm.	Ormskirk West End Primary School	£218
Tuesday 21 January 2025, 9:30am - 3:30pm.	Ormskirk West End Primary School	£218
Thursday 6 March 2025, 9:30am - 3:30pm.	Ormskirk West End Primary School	£218

Safe Practice in Physical Education, School Sport and Physical Activity

Headteacher, Subject Leaders, Teachers		PED125
Monday 23 September 2024, 3:30pm - 5:30pm.	Online video conferencing	£50
Tuesday 24 September 2024, 1:15pm - 3:15pm.	Preston Grasshoppers RFC	£60
Thursday 10 October 2024, 1:15pm - 3:15pm.	County Hall, Pitt Street, Preston	£60
Monday 4 November 2024, 3:30pm - 5:30pm.	Online video conferencing	£50
Tuesday 26 November 2024, 1:15pm - 3:15pm.	Lancaster and Morecambe College	£60
Tuesday 4 February 2025, 1:15pm - 3:15pm.	Online video conferencing	£50
Tuesday 29 April 2025, 9:30am - 11:30am.	Impact Conferencing, Life Church, Burnley	£60
Wednesday 11 June 2025, 1:15pm - 3:15pm.	County Hall, Pitt Street, Preston	£60

For full course descriptions and/or to book online please visit our website

Level 5 Certificate in Primary School Physical Education Specialism Sports Leaders UK

Teachers, Subject Leaders, Teaching Assistants, ECT		PED139
Thursday 26 September 2024, Thursday 17 October 2024, Thursday 28 November 2024, Thursday 23 January 2025, Thursday 13 March 2025, Thursday 8 May 2025, and Thursday 26 June 2025, 9:30am - 3:30pm	Lancashire FA (1 st session only) and Preston Grasshoppers RFC	£995

Trust, Trails and Challenge in the Outdoors for EYFS

Subject leaders, Teachers, ECTs, Teaching Assistants		PED141
Thursday 22 May 2025, 9:30am - 3:30pm.	Hothersall Lodge Field Centre, Preston	£208

NEW: Effective Use of the PE and Sports Premium Funding for Primary Schools

Headteacher, Subject Leaders, Teachers		PED145
Thursday 19 September 2024, 9:30am - 3:30pm.	Lancashire FA, Leyland	£208
Tuesday 12 November 2024, 9:30am - 3:30pm.	Lancaster and Morecambe College	£208
Wednesday 18 June 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208

Early Years PE Physical Development and Dance (Includes FMS booklet)

Subject Leaders, Teachers, Teaching Assistants, ECT's.		PED150
Tuesday 19 November 2024, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208
Tuesday 11 March 2025, 9:30am - 3:30pm.	Morecambe Football Club	£208
Tuesday 17 June 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208

New to Teaching Dance and Gymnastic Activities

Subject Leaders, Teachers, Teaching Assistants, ECTs		PED151
Thursday 3 October 2024, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£218

NEW - Teaching Outdoor Adventurous Activities on a School Site

ECTs, Teachers, Subject Leaders, Teaching Assistants		PED153
Tuesday 5 November 2024, 9:30am - 3:30pm.	Hothersall Lodge Field Centre, Preston	£208
Thursday 24 April 2025, 9:30am - 3:30pm.	Borwick Hall Outdoor Education Centre, Carnforth	£208
Tuesday 10 June 2025, 9:30am - 3:30pm.	Hothersall Lodge Field Centre, Preston	£208

How to be an Effective Subject Leader in PE

Subject Leaders		PED155
Tuesday 8 October 2024 and Wednesday 29 January 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£385

Teaching Games at KS2

Subject Leaders, Teachers, ECTs, Teaching Assistants		PED159
Thursday 7 November 2024, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208
Wednesday 5 March 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208

Everything You Need to Know for School Swimming

Subject Leaders, Teachers, Teaching Assistants, ECTs		PED160
Friday 4 October 2024, 9:30am - 3:30pm.	Lancaster University Sports Centre	£208
Friday 1 November 2024, 9:30am - 3:30pm.	Lancaster University Sports Centre	£208
Friday 8 November 2024, 9:30am - 3:30pm.	Poulton YMCA	£208
Friday 29 November 2024, 9:30am - 3:30pm.	St Peter's Leisure Centre, Burnley	£208
Friday 24 January 2025, 9:30am - 3:30pm.	Lancaster University Sports Centre	£208
Friday 7 February 2025, 9:30am - 3:30pm.	Poulton YMCA	£208
Friday 7 March 2025, 9:30am - 3:30pm.	Lancaster University Sports Centre	£208
Friday 21 March 2025, 9:30am - 3:30pm.	St Peter's Leisure Centre, Burnley	£208
Friday 9 May 2025, 9:30am - 3:30pm.	St Peter's Leisure Centre, Burnley	£208
Friday 23 May 2025, 9:30am - 3:30pm.	Lancaster University Sports Centre	£208
Friday 13 June 2025, 9:30am - 3:30pm.	Lancaster University Sports Centre	£208
Friday 20 June 2025, 9:30am - 3:30pm.	Poulton YMCA	£208

PE Subject Leader School Swimming Update

Subject Leaders		PED161
Monday 14 October 2024, 3:30pm - 5:00pm.	Online video conferencing	£50

Curriculum Mapping in PE

Subject Leaders, Teachers.		PED162
Wednesday 25 September 2024, 1:15pm - 3:45pm.	Lancashire FA, Leyland	£109
Tuesday 11 February 2025, 9:15am - 11:45am.	Lancashire FA, Leyland	£109

NEW: Teaching High Quality Athletics

Subject Leaders, Teachers, ECTs		PED163
Wednesday 7 May 2025, 9:30am - 3:30pm.	Lancashire FA, Leyland	£218

NEW: Teaching High Quality Dance

Subject Leaders, Teachers, ECTs, Teaching Assistants.		PED164
Wednesday 20 November 2024, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208
Thursday 27 February 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208

NEW Teaching High Quality Target and Creative Games

Subject leaders, Teachers, ECT's, Teaching assistants, SENDCO.		PED165
Thursday 13 February 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208
Tuesday 6 May 2025, 9:30am - 3:30pm.	Preston Grasshoppers RFC	£208



www.lancashire.gov.uk/lpds