



# Out of school club resource trolley

Summer term 2024



# Why have we prepared this webinar for you?

- To share with you examples of what you might like to include for outdoor play
- To demonstrate how wide the variety can be but also using simple items you may already have
- To talk you through “why” we selected these resources





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## Do all staff value outdoor play?

Did you know...

Children and young people need to do 2 types of physical activity each week:

- aerobic exercise
- exercises to strengthen their muscles and bones

[NHS Physical activity guidelines for children and young people - NHS \(www.nhs.uk\)](https://www.nhs.uk)



The simplest of resources are often the most used!



These boxes are simple to create and can be grabbed from your trolley or cupboard as and when you need them



Don't forget...imaginative play happens outdoors!

What resources might your children choose to take outside to engage in imaginative role play?



Mark making cady's can be transported anywhere, the outdoors, the park or even in dens!

# Top tip for getting outdoors

- Use baskets and boxes
- Use your outdoors as a blank canvas, this is perfect!
- Don't get stuck in a rut









“When is snack ready?”



# Key messages board

- Are your routines flexible?
- How often do you reflect on the routines in the club?
- Does your snack routine meet the needs of the children?



# Don't forget!

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- Your Spotlight magazine
- Our members only platform on MS Teams
- To book your annual visit with your Development Officer
- A5 Games cards can be purchased on our website
- You have access to a full suite of training to support you and your team



# Thankyou

Any question please do contact the  
Development Officers!

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Training information can be found on our  
website

<https://www.lancashire.gov.uk/early-years-support-and-training/out-of-school-settings-training/>

