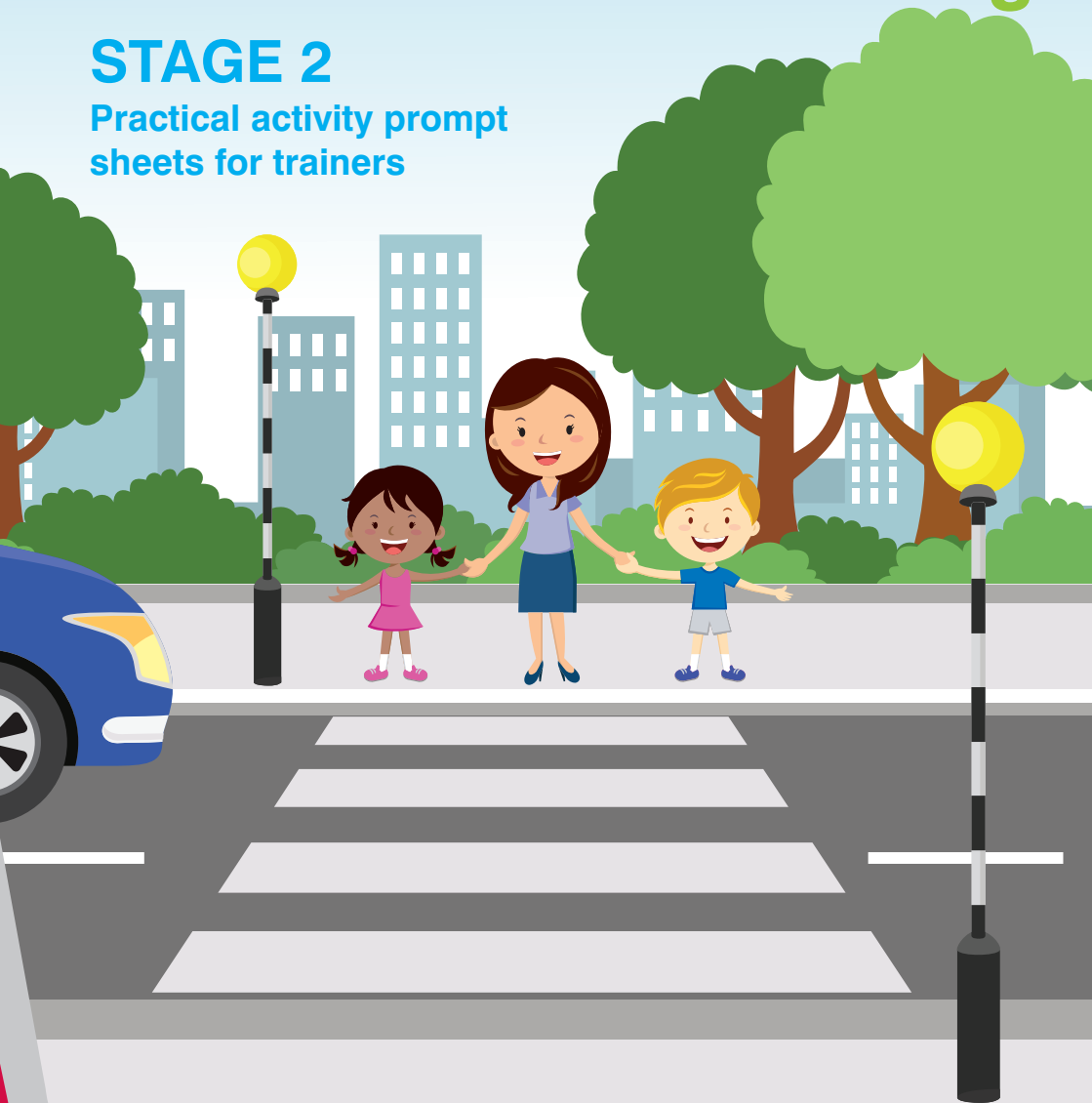


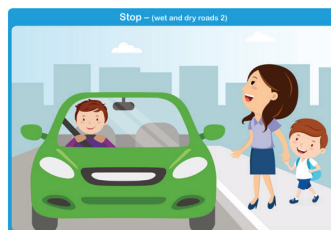
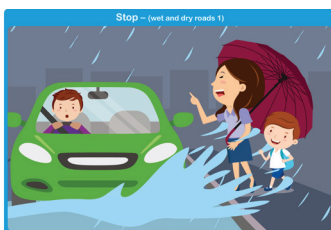
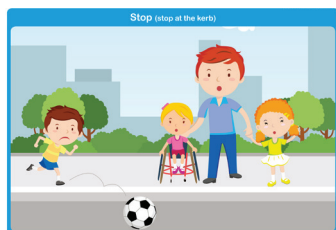
Right Start Child Pedestrian Training

STAGE 2

Practical activity prompt
sheets for trainers



Stage 2, Unit 1 “Stop” Practical Activity



REMEMBER:

Route to be risk assessed prior to training;

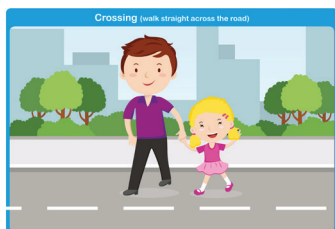
Ratio of two children per adult;

High visibility jackets to be worn by Trainers and Trainees;

No child to be allowed to cross any road unless accompanied by an adult.

1. Carry out the following activity on the playground.
Line the children up and ask them to walk sensibly like they should on a pavement and shout STOP. Then ask them to repeat the exercise but this time by running and shout STOP at the same point. Ask them if it was easier to STOP when walking or running. This demonstrates why they should never run on a pavement as it is not easy to STOP.
2. Before leaving the school premises give the children time to get hold of your hand without being prompted. Remind them if they forget.
3. Once outside make sure they are able to identify the pavement, kerb and road. Ask them to show you where they would stop and wait before crossing the road (make sure their feet are behind the line of the kerb).
4. Discuss how they should wait (quietly and sensibly).
5. Ask them why they stop and wait (to give time to make sure it is safe to cross).
6. Walk a short distance (check they remember where to walk) and repeat the exercise again before returning to school. This ensures they can apply the skill in different locations.
7. While outside look for anyone who is not stopping correctly before they cross and anyone who might find it difficult to stop.

Stage 2, Unit 2 “Crossing” Practical Activity



REMEMBER:

Route to be risk assessed prior to training;

Ratio of two children per adult;

High visibility jackets to be worn by Trainers and Trainees;

No child to be allowed to cross any road unless accompanied by an adult.

1. Before leaving the school premises give the children time to get hold of your hand without being prompted. Remind them if they forget.
2. Find a quiet location and ask them to point to three objects across the road, one to the left, one to the right and one straight ahead. When crossing, which one should they walk towards?
3. Ensure that they understand that even on quiet and familiar roads they must still cross with a grown up.
4. Before crossing discuss the need to hold hands to keep together and stay safe and that they must not run in case they fall.
5. As you cross with them, discuss with the children what you are doing and why.

REMEMBER:

- Stop and wait behind the line of the kerb;
- Look all around and listen for traffic;
- Only cross when the road is clear, i.e. no traffic to be seen or heard;
- Walk straight across the road, looking and listening all the time;
- Walk a short distance and cross back in the same manner.

Stage 2, Unit 2 “Crossing” Practical Activity



BEFORE CROSSING BACK

Find a parked car and discuss the reasons why it is safer to cross away from parked cars if possible:

1. Would they be able to see clearly along the road (their view is obstructed by the vehicles and very often the vehicles are taller than the children);
2. Although children can sometimes see through vehicle windows, this does not give them a sufficient view to decide whether it is safe to cross;
3. Would drivers be able to see them (drivers' views are obstructed by the parked vehicles).

If possible demonstrate crossing between parked cars as follows:

1. Choose a place where there is a space between two cars and make sure they can walk straight across to the other side of the road (no parked cars in the way on the other side);
2. Make sure neither car is about to move by looking for drivers, checking for lights and listening for engine noise;
3. Walk between the cars until they are level with the outside edge and stop. Here they can be seen by drivers and see clearly along the road;
4. Look and listen for traffic;
5. Return to the pavement - do not cross;
6. Find a place away from parked cars to cross back.

NB: If crossing between parked cars cannot be avoided, follow the above procedure to return to school.

Stage 2, Unit 3 “Other People” Practical Activity



REMEMBER:

Route to be risk assessed prior to training;

Ratio of two children per adult;

High visibility jackets to be worn by Trainers and Trainees;

No child to be allowed to cross any road unless accompanied by an adult.

1. Before leaving the school premises give the children time to get hold of your hand without being prompted. Remind them if they forget.
2. Make sure they understand that when crossing with the help of a uniformed person they should wait on the pavement behind the line of the kerb until they are told to cross.
3. Explain that traffic must stop when the school crossing patrol holds up his/her sign or when the policeman signals it to do so (show arm signal used).
4. Discuss why they should walk in front of the uniformed person (so that he/she can see them at all times).

Right Start

STAGE 2

Practical activity prompt
sheets for trainers

