

Lancashire  
Early years

# Let's Learn at Home

Fun things to  
do in Winter



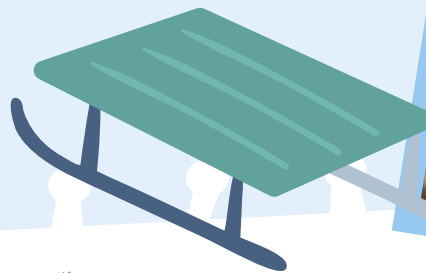
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**Lancashire**  
County  
Council

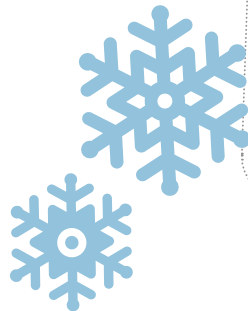


# Children under 3 years old



## What do we need?

- Practical clothing for the outdoors including a hat, scarf and gloves
- Wellies or walking boots
- Umbrella
- Rucksack
- Waterproof blanket/ picnic blanket



## What do we do?

- Encourage your child to put on their own hat and wellies
- Provide running commentary while your child is getting dressed
- Blow bubbles in the wind
- Wave sticks with ribbons on
- Crunch the leaves in your hands
- Stomp in puddles
- Lie with your child on a blanket to look up at the trees, the sky and birds – point to the objects you see and name what you see
- Listen to winter songs: [Mr Tumble's winter shiver song CBeebies](#)

## What are we learning?

- Develop an interest in objects and the environment around them
- Develop a curiosity for nature (grass, mud, plants etc)
- Stimulate the senses
- Learning new words
- Beginning to compare objects and spot if they are the same or not the same ('different')

# Children 3 to 5 years old



## What do we need?

- Practical clothing for the outdoors including a hat, scarf and gloves
- Wellies or walking boots
- Umbrella
- Rucksack
- Magnifying glass
- Their own bucket
- Nature books
- Camera
- Binoculars



## What do we do?

- Create a treasure basket of winter objects
- Throw leaves in the air
- Chase the leaves to see where the wind takes them
- Close your eyes and listen to the wind and other sounds
- Hug a tree
- Shuffle through the leaves
- Stomp in puddles
- Make a den to protect children from the rain and elements
- Hunt for minibeasts
- Talk and sing to your child while out and about – here is a link to some songs with a winter theme: [Winter songs](#)

## What are we learning?

- Notice detail in objects they observe
- Talk about some of the things they have observed, such as plants, animals and natural found objects. This will extend your child's vocabulary
- Developing their understanding of growth, decay and changes over time
- To look closely at similarities, differences, patterns and change in nature
- Strengthening the large muscles in their body (gross motor skills) through stomping, jumping, climbing, stretching etc
- Developing strength in their small muscles (fine motor skills) in their hands by picking up small objects



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