

Lancashire
Early years

Let's Learn at Home

**Fun things to
do in Autumn**



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Lancashire
County
Council



Children under 3 years old



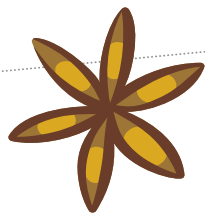
What do we need?

We need to get outdoors!

- Suitable clothing for all weathers
- Pram - ideally have baby facing you so you can chat to your baby
- Basket, bucket or bag
- Your own garden
- Your local green space:
[Visit Lancashire](#)

Top tip:

Sing songs while you are walking! You might want to use the tune of a popular nursery rhyme. For example, sing in the same tune as 'The Wheels on the Bus' - "The leaves on the ground go crunch, crunch, crunch..."



What do we do?

Take opportunities to lift your baby out of the pram so they can see and feel the natural objects up close. Encourage them to listen to the sounds in the environment.

Direct your child's attention to:

- Trees - leaves falling
- Picking up leaves of different shapes, sizes and colours
- Touch the bark and leaves (describe the textures - 'rough', 'smooth', 'bumpy')
- Look up to the sky - What can you see?
- Look down to the ground - What can you find?
- Point and talk to your child about objects you find and things you can see. For example, "This leaf is smooth."
- Describe the weather to your child, even if your child is not yet talking. For example, "The wind is blowing your hair!"

What are we learning?

- Stimulates baby's senses - What can they touch, see, smell and hear?
- Your child is learning about the world around them - the textures, colours, unusual naturally found objects
- New words to describe the objects they see, feel, hear and smell
- Noticing the different shades of colours in nature

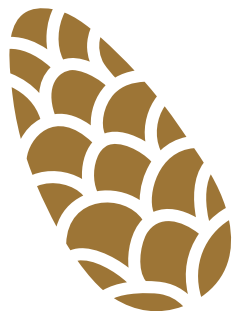
Children 3 to 5 years old



What do we need?

We need to get outdoors!

- Suitable clothing for all weathers
- Rucksack
- Containers to collect bugs or natural objects
- Magnifying glass
- Binoculars
- Books, leaflet, app on nature/plants
- Your own garden
- Your local green space:
[Visit Lancashire](#)



What do we do?

Chat all the time when you are out and about!

- What can you hear? What can you see? What can you find? What does it feel like?
- Play games, for example, "Find 3 big leaves." Comment on the different shapes, sizes and colours
- Encourage your child to describe the textures of the natural objects they find and see
- Where can we find the minibeasts? Consider taking a book about minibeasts or searching on the internet for more information
- How is autumn different to summer? (The plants have died, colours changing, the trees are bare)
- What animals eat the acorns?

What are we learning?

- Your child is learning about the world around them – the textures, colours, unusual naturally found objects
- Noticing the changes in seasons
- Developing descriptive language
- Developing their understanding of habitats

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