



Children and Young People's Representation of Change



This Guidance is intended to support children and young people using new and creative ways to show how they have been involved in the process of change and helping their school to become healthier.

Guidance for children and young people

Your school, with your support will identify what needs to be done to improve health and wellbeing for all members of your school community. To decide what you need to concentrate on, your school will be using different sources of information with you.

Once you have decided what you need to concentrate on, all members of your school community should have the opportunity to be involved in planning what needs to be done, how you can make a difference and how you would want things to change.

You need to be able to capture the "story of the journey" towards change which shows:

- what things were like before
- what happened
- who was involved and
- what things are like now

The way this is shown is very much up to you but needs to use ICT to be able to put this on a website possibly your school website as well as the Lancashire Healthy Schools Programme website at www.lhsp.org.uk.

Suggested ideas include:

- multimedia presentations
- DVDs
- podcasts
- web pages

This needs to be short and to the point and not last for more than 10 minutes. The important thing here is to be able to show what a difference the selected activities have made.

Remember:

- if you are using photographs or video clips of people in school you will need to make sure that the School has permission to use and share them
- check copyright for any materials you may wish to use
- make sure you follow the E - Safety Policy